



The Knightly Informer

Volume 11 Number 4

De La Salle North Catholic

December 2011

Principal's Message

December 2011

Even as nature retreats in December, life suffuses the spreading dormancy – empty trees but some with buds, withered petunias and mums but detritus there to nourish the soil, the spent splendor of late fall wildflowers seeding the earth. As winter comes, the whole world draws inward, but readies itself for spring.

Even so, our faith breathes into us an expectation of life. Advent is the story of a faithful people preparing the way. How shall we make ourselves ready for the Christmas story?

In this month, we start the Third Term. We are all hunkering down for the stretch run to semester's end. Seniors are deep into college applications, juniors feel the tug of great expectations, sophomores realize the pressure of achievement, and freshmen are beginning to embrace the culture of De La Salle North – achieve at school, succeed at work.

How good it will be to rest, to replenish our souls and minds over the Christmas Break. Blessings and hope and joy to your family as we celebrate this improbable story: "For this will be a sign for you: you will find a babe wrapped in swaddling clothes and lying in a manger. And suddenly there was with the angel a multitude of the heavenly host praising God and saying, "Glory to God in the highest, and on earth peace among men with whom he is well pleased!"

Merry Christmas

Tim Joy

SAVE THE DATES

12/15 GOSPEL CHOIR CHRISTMAS CONCERT. 7:00pm. Auditorium

Please note: No Senior Parent meeting in December.

12/16 Alumni Prayer Breakfast. 8:30am Auditorium and Cafeteria. Class visits.

12/16 HALF DAY OF CLASSES. Noon dismissal. Christmas Break begins!

12/19-1/2 CHRISTMAS BREAK.

1/2 New Year's Day observed. No Classes. No CIP

1/4 Parent Advisory Council. 5:30-7:00pm. Library.

1/5 Financial Aid Workshop for Seniors and their parents. 7-9:00pm Library

1/7 WINTER FORMAL: An Evening in Paris. 7:30-11:00pm. Cafeteria.

1/13 Martin Luther King Prayer Service. AM Assembly Schedule.

1/16 Martin Luther King Jr. Day. No Classes. No CIP.

1/24-1/27 SEMESTER EXAMS.



De La Salle LYM Sponsors Red Cross Blood Drive!

On Friday, December 2, De La Salle seniors Lorena Hernandez and Carly Percell organized a Blood Drive through the American Red Cross. The Blood Drive has become an annual event at De La Salle and a great way for the school community to give to the local north Portland community. 37 students and staff members each donated one pint of blood, and each pint could save up to 3 lives.

That means that the De La Salle community saved 111 lives on Friday! Many thanks to Lorena, Carly, and all the donors!

—Mike Seidel, Director of LYM



MIX It UP helps build strong relationships among friends

De La Salle North Catholic High School's second annual Mix-It-Up program has proven to be a great experience for the students this semester, according to informal discussions among students.



Lewis Marshall and Johnes Meither 'Cross the Line' during Mix it Up.



Joseph Brinton, Tymone Bentley and Michelle Carr have a reflective moment.

Mix-It-Up, which promotes diversity and social issues surrounding diversity, seemed to especially help students new to the school. It supported diversity by grouping students to get to meet new people who all have different backgrounds.

"It helped me get to build strong relationships and learned new things about my classmates," said Selamawit Halake, a junior. "I liked what we did with each other to learn about each other's differences."

Held twice a year, during the months of November and March, staff members and students get to participate by getting into small groups led by a group of student peer helpers. In addition, students are randomly mixed up from the freshmen, sophomore, junior and senior classes into several groups.

"The most fun activity at mix it up was when we played 'cross the line'," says Yared Habtemariam, a sophomore at the school.

"Cross the line" is an interactive game where leaders call out a series of questions about circumstances, and if the condition applies to that person, they simply cross a drawn line and turn around and look at the people on the other side. As a result, students were able to learn more about each other more deeply and share their experience in a fun way.

The ideas and concepts of Mix It Up came from the Teaching Tolerance project, which is a project of the Southern Poverty Law Center, an influential group formed in 1971 that has worked to break up prejudice, social injustice, hate crimes and other issues.

This year, according to their web site, 2476 schools participated in Mix It Up projects this year, including around 25 in the Portland-Vancouver area. — Melaku Arega, Enat Arega, and Hannah Halake, De La Salle North Catholic Journalism students.



Earth Club:

The Earth Club would like to recognize **Mr. Jim Nagle** as November's Green Teacher of the Month. Mr. Nagle was chosen by the Earth Club for encouraging students to recycle and

also for walking to work.

Congratulations Mr. Nagle!

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Students meet 2011 Young Adult Author Matt De La Pena

A group of De La Salle juniors participated in Multnomah County Library's Teen Author Lecture Series on October 18th. Matt De la Pena was the featured author. De la Pena's books include *We Were Here*, *Mexican White Boy*, *Ball Don't Lie*, *I Will Save You*, and *A Nation's Hope: The Story of Boxing Legend Joe Lewis*. Widely appreciated by young people and educators, De La Pena's books are distributed by Scholastic and other major K-12 distributors: an extraordinary feat for a young author whose first book was released in 2005. De la Pena is 37.

Our class read De la Pena's first book: *Ball Don't Lie*. The book follows a teenager named Sticky through his foster experiences, the basketball that he plays at the homeless shelter slash gym – that is his only constant – and the life that he begins to find as he nears adulthood. The book won the ALA-YALSA Best Book for Young Adults award and was recently made into a movie starring Ludacris, Nick Cannon, and Rosanna Arquette.

At the event, De La Pena spoke about growing up in a working class family in Southern California and shocking his family by going to college – he was the first in his family. He joked about being afraid to talk to girls in high school and having a father who worked hard but barely spoke to him. He played basketball at the University of the Pacific, and told his story of being demoralized by Steve Nash in a college basketball game. Both of them were point guards. They guarded each other: one scored 36, the other scored 3. In that experience, he realized that he would not make it in the NBA and needed to pursue another career.

After telling a handful of relatable stories about his youth, De La Pena talked about being a writer: constantly watching people, day-dreaming about who they might be and what they might be thinking. At the end of his lecture, he facilitated a surprisingly cozy and personal Q and A with the 700+ crowd.

Students from several Portland schools attended the event.



Nayeli Diaz & Sara Angon-Reyes visit with Matt de la Pena

NBA legend Jerome Kersey opened. He spoke about falling in love with books later in his life. "Traveling with the Trail Blazers there was a lot of on time," he said, "and a lot of down time." In his down time he was compulsively drawn to books.

The animated and popular Betsy Tighe, Roosevelt High School's Librarian, hosted the event.



Karen VanDomelen meets Jerome Kersey

After the program, De La Pena and Kersey spent an hour talking to the 200+ students who waited hoping to get an autograph or a picture, or just be close. The students treated De La Pena like the real celebrity. I was impressed by Kersey, being not fully known by the students, not mobbed, kindly saying hello to students, asking them questions. He walked over to US and said hello! A few minutes after, the crowd around De La Pena dwindled and we were able to spend a couple of minutes with him. It was pretty cool getting to meet the guy who wrote our book. — Ben Maurer, Junior Foundations teacher.

Freshman Class

Looking For Coupons

In an effort to help our men and women serving in the armed forces De La Salle's 9th grade class will be taking part in the Coupons For Troops program. One of the real pressures faced by all families, but especially those in the military, is the ever increasing cost of feeding a family. This program has arranged a deal that allows military families to use coupons for up to six months after their official expiration date.

Our 9th graders will be collecting, cutting and organizing donated coupons and sending them to this worthwhile organization. We are asking all members of the De La Salle community to help us out by sending in any coupons you don't use, or coupons you have that have recently expired. Coupons should be sent to, or dropped off, to Mr. Clark in room 104.

Thank you in advance for helping us help those who work to keep us safe and free.

— Kevin Clark, Religion teacher and 9 & 12 grade advisor.



Let us Remember...a Life Well Lived

Robert Ingram
May 13, 1973-Nov 27, 2011

We are stunned at the loss and mourn the unexpected and devastating passing of Rob Ingram. This is a profound blow to his family and to the broader community. Ron was a loving husband to Dana Fuller Ingram (DLSNC Parent Advisory Council President), and father to Naj Ford (junior), uncle to Sharde'a Booth (junior) and Kaleb Ford (freshman).

Rob served as the director of Portland's Office of Youth Violence Prevention and president of the Urban League of Portland Young Professionals. The City of Portland's website on the mayor's page noted "Sadly, we lost a friend and public servant Rob Ingram, who was passionately dedicated to the success of all Portlanders, especially our youth of color," said Mayor Sam Adams. "Our thoughts and prayers are with his spouse Dana and his entire family."

He received many awards and recognition for his service to the community. We would do well to listen to the voice of this wonderful leader. Here are his thoughts upon receiving the The Skanner Foundation's Drum Major for Justice in 2010. "I have a very simple philosophy: I try to use every day as an opportunity to do something to improve myself, my family, my community and thereby my society. In doing so, I know that I am changing the future for the better. I embody my purpose on this planet as one who exists to make things better for those who will take the reins next."

For more about the inspiring life of this visionary go to <http://www.theskanner.com/article/Rob-Ingram-In-His-Own-Words-2011-11-28>

PARENT ADVISORY COUNCIL

Recap of November meeting:

Mr. Joy discussed emergency phone tree, senior class expenses including rings, schools efforts to update technology. 2012 is 2nd accreditation year and the focus is student achievement and retention and school is no working to define data driven goals. We will need parent help and feedback.

Brother Joe sent a call out for a volunteer chaperone for young women's retreat (parent Mary Ann Henry responded to this call. Thanks!).

Junior level leader Micole Johnson was instrumental in obtaining a \$500 donation from PGE to support the Junior Class. She also presented another fundraising opportunity through the RUN program and will be putting together a fundraising committee.

Senior team sold coupon books in November, and there will be no Senior Parent Meeting for December. Their next meeting will be January 26th.

January PAC Meeting January 4th 5:30-7:00 pm in the Library

A light dinner will be served, and Spanish translation will be available.

For more information and to RSVP, contact Jenni Brown jenknitter@gmail.com.

Business Office

Mealtime Lunch Accounts

Please remember that all lunch and breakfast meals must be paid ahead. Cash and checks are accepted at the front desk. Credit or debit cards can be processed in the business office.

Tuition

A reminder: All tuition payments are due on the first of each month. Thanks for your promptness in making your payments.

We wish you a very merry Christmas Celebration!

Hello from Admissions!

As the holidays are upon us the admission department welcoming students who are coming to Spend the Day and see for themselves why our school is so wonderful! We are hearing very good things about how friendly our student body and staff have been to our guests. Our visitors are experiencing what a day in the life of De La Salle North Catholic High School is like. Many say that they are already learning new things and they feel like they already fit. We are now also welcoming potential transfer students who are looking for a change in their high school experience. Don't forget to tell your friends and neighbors that we are now accepting transfer applications for semester change in January 2012 and that it is time for 8th graders to apply for their Freshman year now! Please call the admissions department with any questions about applying.



***"Called and Chosen"
A Vocation Retreat
for Young Women***

***Raising the awareness of vocation and
the Calling from God.***

On January 14-16th at St. Joseph's Camp on the Russian River three students from De La Salle North will be challenged to assess their individual gifts and talents and look at how they are called to use those gifts and talents in order to serve God and others. This retreat center founded in 1919 and operated by the Lasallian Brothers is located approximately 80 miles north of San Francisco. Saint Joseph's Camp rests on the bluffs overlooking the Russian River an area of California rich in history and scenic beauty. A wonderful setting for peaceful contemplation.

Juniors Maria Granados and Nikki Lal will be joined by senior Trami Nguyen and challenged to share openly through prayer, large and small group sharing. The only requirement for this retreat is that participants be open to the process and the experience. There is a component of the retreat that allows the participants to better understand a variety of vocational callings such as: marriage, motherhood, teaching, and religious life. Mary Ann Henry, mother to Rachel (junior) and Ruth (freshman) and chaplain at Providence will serve as the chaperone to our young ladies.



Students, come make beats, rap and record. We have a good time and make some fresh beats so come and join us!!! We meet Thursdays 3:45-4:45.

Launched by student Curtis Waters under the sponsorship and advise of professional musician and producer, our own Mr. Quincy Chance.

De La Salle North
Gospel Choir
Christmas
Concert




FREE ADMISSION
DLSNC HS Auditorium
 7528 N Fenwick Avenue
 Refreshments will be available



DE LA SALLE NORTH
 CATHOLIC HIGH SCHOOL

December 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 World Aids Day Scholarship Presentation for seniors (Senior English Class) Annual Appeal Staff Letter writing party	2 HSPT Columbia Christian B-Ball Tournament	3 Wrestling @ Col. River 10:00am Columbia Christian B-Ball Tournament
4 Second Sunday of Advent	5 Late Opening AM Meeting Schedule B-Ball @ Riverdale 3:00, 4:30, 6:00, 7:30PM CIP Thursday	6	7 PAC meeting 5:30-7:00pm	8 AM Assembly Schedule Immaculate Conception Mass	9	10 ACT Wrestling @ Tualatin 10:00am Boys' B-Ball vs. La Center 6:00, 7:30 pm
11 Third Sunday of Advent	12 Late Opening AM Meeting Schedule CIP Friday	13	14 B-Ball vs. E. Linn Christian 4:30, 6:00, 7:30pm JV Girls @ Salvation Army 7:30pm	15 Christmas Concert 7:00pm	16 Half Day of Classes Alumni Breakfast 8:30 am B-Ball vs. Corbett 4:30, 6:00, 7:30pm JV Girls @ Salv. Army	17 Wrestling @ Mt. View 10:00am
18 Fourth Sunday of Advent	19	20 Wrestling @ Marshfield 2:00pm	21 Boys' B-Ball vs. La Center TBA Wrestling @ Marshfield 2pm	22	23 JV Girls vs. Scio @ Salv. Army 5:00pm	24
25 Christmas Day	26	27 B-Ball vs. Scio 6:00, 7:30pm			30 SAT Registration deadline	31 New Year's Eve

Knight Watch Athletic News

In 2011 Fall sports, our participation continued to be high. 64 students participated this past fall; Boys Soccer with 20 students, Girls Soccer with 20 students, and Varsity and JV Volleyball had 24 students participating.

FALL SPORTS RECAP:

Boys Soccer Coached by Dave Fisher finished with a record of (2-8-3). The guys played hard, learned a lot.

Our graduating Seniors were Joel Klinkhammer, Xavier Harris, Prudence Eca. Thanks to them and their parents for their support the last four years.

All-League Honors were Jacob Fuqua 1st Team, Eric Fisher 2nd Team, Jamariee Johnson and Francisco Moreno both were Honorable Mention. Congratulations!

Girls Soccer Coached by Mikha Kaiel finished with a record of (0-8-2). We were very young with 7 Frosh.

Our graduating Seniors were Rachel Char (captain), Jessie Osuna-Mondragon, Abby Owen, Carly Percell (captain), Bethany Purkapile (captain) and Michelle Valenzuela. Thank you Ladies and Parents.

All-League Honors were Rachel Char and Carly Percell both were 2nd Team. Congratulations!

Girls Volleyball Coached by Jane Robertson finished with a record of (3-18)

Our graduating Senior is Rachel Percell (captain). Thanks to her Mom and Dad for all their support

All-League Honors were Rachel Percell and Freshman Courtney Misner as both were Honorable Mention. Great Job Ladies!

There are a lot of changes this winter as De La Salle welcomes new Coaches to our staff:

New Coaching Staff:

Paul Kelly: Varsity Boys Basketball

Ryan Slider: Varsity Girls Basketball

JD Taylor: Varsity Wrestling Program

All three come highly qualified with experience and plan to bring a new energy and enthusiasm to our winter sports programs. Glad to have you guys on board.

WINTER SPORTS BEGINS:

Boys Basketball so far Coach Kelly and his staff have the boys program starting on the right foot. There were 45 boys at the try-outs and De La Salle will be having three teams. There will be no cuts for the first time. This will give more students opportunity to be involved and help build the program.

Girls Basketball with Coach Slider and his staff has the usual turnout of 20-24 girls that will allow De La Salle to have two teams a Varsity

and JV. With a host of returning players the girls from last year's program De La Salle is in good hands

Wrestling with Coach Taylor have a turnout of 20 boys and 2 girls and this will make De La Salle one of the largest teams in our league. Great start for the first private school to have a wrestling team.

New Changes

New Facilities

De La Salle will be playing all their home games at a new venue **University Park Recreation Center**. The address is:

9009 North Foss

Portland Oregon 97203

We look forward to having our home games there this season Thanks to the **Director Harold Ridge**

Practices & Academic Support

This season the boys and girls will both have late evening practices. In the past the boys had always had early morning practices. In order to support academics **Mr. Frazier** and **Mr. Shelton** implemented a mandatory after school tutoring program for all the athletes during the season before practices. Thanks **Mr. Frazier** and **Shelton** for your support.

If you want to keep up on how **De La Salle** is doing throughout the Winter Season you can go to:

ossa.org (to the score center then go to De La Salle for schedules, scores & league standings)

Some Alumni News

Here is some news about a couple of former De La Salle Student/Athletes

Daedra Carline class of 2007 played Division 1 volleyball at Jackson State in Mississippi. Her volleyball team won the conference tournament for the first time in school history and will be playing in the NCAA Volleyball Tournament later in Dec. Daedra is a 3.6 Student at Jackson and a member of the Honor Society for Athletes with high GPA's. Daedra was also named Lebero of the Year in the SWAC Conference.

Delissa Carline class 2008 played 3 years of Division 1 Volleyball and 1 year of Tennis for Morgan State University in Baltimore Maryland. She gave up playing because she became the first Morgan State Engineering student to receive the S.M.A.R.T scholarship which will fully pay for her education up to her Doctorate. Delissa will also be inducted into the Honor Society of Engineers in Dec. This is the highest honor given to an Engineer Student at Morgan State University. Delissa also won the MEAC Conference Academic Award for her 3.8 GPA

I bring this up not because they are my daughters but to show how athletics and academics at De La Salle both helped my daughters be successful.

— Dennis Carline, Athletic Director



De La Salle North Catholic
High School



An Evening

in Paris

Winter Formal

Tickets: On sale during lunches for \$10. (Price at the door is \$12!)

Guest forms will be at the ticket table in the Cafeteria.

Saturday, January 7th

7:30-11:00pm

DLSNC Gym
