



The Knightly Informer

Volume 11 Number 3

De La Salle North Catholic

November 2011

Principal's Message

Let Us Remember . . .

We hear this seven times a day. And, wherever we are, we respond, "That we are in the Holy Presence of God." Consider for a moment that this holy remembrance is also universal, occurring 24 hours a day in thousands of classrooms in over eighty countries around the world. There is no end of need for our doing this.

There may be plenty of reasons to believe that God's Holy Presence may not extend to us, may not reach into the corners of a classroom, or a hallway, or cafeteria, or on the bus ride home, or any other mundane place we find ourselves. We are people after all, and so we are not always good to each other or even to ourselves. So, at De La Salle North, we stop. Seven times a day. Everything stops. And we remember – God's Holiness abides.

150 years ago, Abraham Lincoln called upon Americans to remember the "mystic chords . . . of the Union" that doing so we might touch "the better angels of our nature." Just two years later, Lincoln proclaimed Thanksgiving a national holiday. There, amid the calamity of civil war, one might still hope and pray.

In memory, life takes hold of the past and pulls it to the present. When we remember both our "better angels" and our deceased loved ones, we keep them alive. We are whole again.

So, dear families of De La Salle North Catholic, throughout this month of Thanksgiving, let us always remember . . .

. . . that we are in the Holy Presence of God.

Tim Joy
Principal

Welcome to our new coaches!!

We would like to welcome Paul Kelly and Ryan Slider, to our DLSNC community. They will be joining new wrestling coach, J.D. Taylor (Director of Student Success). De La Salle North Catholic is the only Catholic high school in Oregon to offer a wrestling program. This new program is collegiate style wrestling competing in the 3A Lewis and Clark league and is co-ed. The season runs from November 14th through February 25th.

The renowned Paul "Duper" Kelly has been named head men's basketball coach. "Duper" is a native of Portland and a graduate of Grant High. As former assistant coach for Jefferson High's basketball team, he won three state championships. He also served at other area high schools. "Duper", which most players refer to him as, comes highly recommended.

Ryan Slider another Portland native and graduate of Tigard High is the former assistant (men's) coach at Rex Putnam. Ryan, also comes to us highly recommended from his former collegiate coaches (Univ. of Montana) and former Athletic Director at Rex Putnam. Ryan, will coach the women's team.

SAVE THE DATES

- 11/11 **VETERANS' DAY.**
No School, no CIP
- 11/14-18 **Mix it up Week**
- 11/16 **Fall Sports Award Ceremony**
7:00pm. Auditorium.
- 11/17 **Wrestling Parent/Supporter's meeting, dinner included.**
7-9pm. Cafeteria.
- 11/17 **Senior Parent meeting.**
6:30pm. Last day to turn in funds for coupon book sale.
- 11/18 **Sophomore Retreat**
- 11/19 **Children's Peace Fair 1-4pm**
@DLSNC gym.
- 11/21-22
Oregon Dental Assn.
Mission of Mercy. Oregon Convention Center. Doors open @ 6am.
- 11/24 **THANKSGIVING**
- 11/24 **No Classes/NO CIP!**
- 11/27 **2nd Term Progress Reports mailed by the end of this week.**
- 12/3 **Black United Fund College Fair. PSU. 8:30-5:50**
- 12/7 **Parent Advisory Council. 5:30-7:00pm. Library.**



COUNSELOR'S CORNER



Support the KEX Kids Fund over the Thanksgiving weekend!

For 23 years, KEX has sponsored a pledge drive over the Thanksgiving holiday to raise money for the KEX Kids Fund. The Kids Fund provides vision and hearing care—examinations, eyeglasses and hearing aids—to children whose families do not have insurance that can provide them. They work with a network of care providers who offer their services at reduced costs, and have provided glasses and hearing aids to thousands of kids in Oregon and Southwest Washington, including several students at De La Salle.

To donate, tune into KEX between Thanksgiving morning at 6am through Sunday, November 28th, or call 503-224-KIDS, or go to: http://www.1190kex.com/pages/kids_fund/index.php

If you need assistance for glasses or hearing aids for your child, please contact Ms. Wood or Ms. Adams at De La Salle.

Holiday Food Boxes and Assistance:

During these tough economic times, the approach of the holidays can be stressful for families. There are many community organizations ready to help ease the burden over the holidays with Thanksgiving and Christmas food boxes, as well as “adopt-a-family” programs which can provide holiday gifts for the family. If you are interested in giving or receiving from these organizations, November is the month to enroll and to donate. Here are some numbers to call in Portland:

Salvation Army: 503-493-3925 <http://www.tsacascade.org>

The Knightly Informer

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Portland, OR 97217 — 503 285-9385
Available online at : www.delasallenorth.org/
Submission deadline : 1st Friday of the month.
Send to lknight@dlsnc.org

Salvation Army (East Multnomah County only): 503-618-8270

City of Portland Police Bureau Sunshine Division: 503-823-2102 www.sunshinedivision.org

St. Vincent De Paul: 503-235-8431
www.svdppdx.org

St. Andrew Community Center: 503-281-4429
or 971-244-0339

FISH Emergency Services: 503-233-5533
(Thanksgiving or Christmas Food Boxes)

Portland Toy and Joy Intake Line: 503-231-8697 (this number will not be connected until November 21st. Hold times can be lengthy.) Services available only to those living within designated zip codes. <http://www.toyjoymakers.org>

Whether you live inside or outside of Portland, you can go to <http://referweb.net/info/> and enter your zip code to find resources in your area. Look under “Thanksgiving Programs”, “Holiday Adoption Programs” and “Holiday Gifts/Toys for Low Income”.

— Pam Wood, DLSNC Counselor

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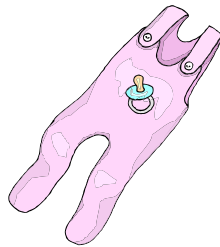
CAREER EXPLORATION

On October 21, 2011, ten students attended our monthly Career Exploration lunch session and had a lively discussion of how one’s faith impacts decisions in the business world. The panel for the lunch included Dan Adkison, President of Wright Business Graphics, David Brands, President of Coast Products and Elsa Tesfai, current De La Salle Lasallian Volunteer.

Community 101 — Clothing Drive

Teen and Toddler clothes!

We need shirts, pants, gloves, coast/sweaters/hoodies and scarves. The clothes can be new or slightly used. Deliver to student’s first period class to be picked up every Friday during lunch.



If for some reason you are unable to deliver to first period you may bring them to Ms. Waibel’s classroom—Room 203. — Gabe Evans, Junior class



MIX It UP is a week we take the time to reflect the differences we all carry within us. During this week (**Nov 14-18**) we have activities that bring students together so they can interact with someone new and find something interesting about each other. Since our school is very diverse, it’s great to mix people up so that the De La Salle community can become even more of a family.

Eric Hernández, a Junior and veteran Peer Helper, has made a movie based on different stereotypes that we all face around us. He chose students to act a certain stereotype and to take on their personalities as if they were really facing the same problems as that stereotype. As Eric says, “we all have our goals in life, but if we have to face people always judging us and labeling us that makes life harder and makes us want to give up, so this video will show that everyone has problems and we have to know the story before we can make one up. And I just want to thank everyone that helped with the video. They took on strong roles to make this video.” The video will be shown as an introduction to Mix It Up week.

—Mix It Up team

Children’s Peace Fair

The sixteenth annual Children’s Peace Fair will be held on Saturday, November 19, from 1:00 to 4:00 p.m. in the gymnasium at De La Salle.

The purpose of this event is to provide positive play experiences for children in a cooperative, constructive, peaceful, and playful environment. Local peace and justice groups and other activist organizations will lead children’s activities, including arts-and-crafts projects, noncompetitive games, and face-painting. We also have scheduled performances by local musicians. Admission is free to all!

—Mike Seidl, Director Lasallian Youth Ministry

Editor’s note: On October 25th, DLSNC received the Harold Schnitzer Spirit of Unity Awards sponsored by the Wholistic Peace Institute.

PARENT ADVISORY COUNCIL

The Parent Advisory Council is looking for your participation and valuable input at our monthly meetings. And we need **your** help. All parents/guardians are welcome and encouraged to attend. Come and meet with your class representatives

Class Level representatives:

Freshman: Carolyn and Adolph Evans (Gabe and Grace), Christine Cieslak (Rebecca)

Sophomore: Winona McGann (Katrina), Liz Fisher (Eric)

Junior: Julie Schlafle (Ja'Shayla), Micole Johnson (Jamariee)

Senior: Tami Owen (Abby and Mandy), Angie Harris (Xavier)

Our next meeting is Wednesday December 7th, 5:30-7:00. A light dinner will be served, and Spanish translation will be available.

For more information and to RSVP, contact PAC Secretary Jenni Brown jenknitter@gmail.com.

SENIOR CLASS FUNDRAISER!

Coupon books (**Save Around Portland 2012**) are being sold by the Seniors. The books are \$20, \$10 of which goes to the senior class. Find a senior and support them through this fundraiser! You can also contact parent Angie Harris (Xavier) with any questions at 503-320-0123.



Want to connect with or develop your inner or outer strengths? We need chaperones/volunteers

Are you a pilgrim?? Chaperone the “Called and Chosen” Retreat for Young Women. Accompany our young women to St. Joseph’s Camp on the Russian River and participate in the group prayer and sharing, January 14-16, 2012. Expenses covered by the Lasallian Institute.

Are you a winter sports buff? Chaperone Snowboard and Ski club (50 students and a waiting list). You can come up once or multiple days. The students will also enjoy seeing you in this environment! Saturdays (Mar 24; Apr 7, 14, and 21) and Sunday (Apr 22). You can come up once or multiple days.

Want a fitness workout?? There may be stair climbing in your future. Provide security before and after school by monitoring the halls, stairwells and the restrooms.

To lend a hand or for more information contact Volunteer Coordinator Jenni Brown jenknitter@gmail.com



“What’s done cannot be undone”

William Shakespeare’s

Macbeth

De La Salle North students in collaboration with Portland Playhouse under the direction of Aiyana Cunningham and with school advisor Ms. Michelle Nicola performed in the school auditorium October 27-29 and at the Fall Festival of Shakespeare at the Winningstad Theatre (on Broadway, downtown) November 5.

Leading the cast playing Macbeth with passion was Zarinah Mustafa with Lady Macbeth portrayed by Cydnie Smith-Mccarthy (understudy performance by Gabrielle Green).

Other key players included Kevin Jones as Banquo, Andrew Volgamore as Duncan, Malik Brown as Macduff, Rachel Hartley as Malcolm, and Nikolas Tucker as Ross. The witch roles belonged to Tori Ward, Harumi Sokau, Naomi Metzler, Gabrielle Green and Arianna Connors. Rounding out the cast were Thai Vang, Francis Stretch, Cody Walker, and Joseph Brinton.

The technical crew under the leadership of production manager, Myles Glover included Jayde Thomas as his assistant along with Andrew Volgamore, Joseph Brinton, Jessica Trihn and Sequoia Patterson.

Cast and crew thanks the faculty and staff at the school along with the parents who were generous with time and food during rehearsals and performances.

Suffering and Salvation in Ciudad Juarez

presented by
Nancy Pineda-Madrid

Tuesday, November 22, 2011
4:00 pm in Buckley Center, Room #163
Free and open to all

Nancy Pineda-Madrid is a professor of Theology and Latino/Latina Ministry at **Boston College School of Theology and Ministry**. Recently named by Paul G. Crowley, SJ, in *America Magazine*, as the “next generation of promising young Catholic theologians,” Pineda-Madrid is the author of the recently published book, *Suffering and Salvation in Ciudad Juarez*. Her presentation will discuss traditional notions of salvation while looking at the destructive and dehumanizing effect of the cultural, economic, and religious factors that feed the violence against women in the Mexican border city.

Lecture is co-sponsored by the Theology Department and the Garaventa Center for Catholic Intellectual Life and American Culture. For more information: Please contact Jamie Powell at (503) 943-7702 or powell@up.edu



OPEN LETTER to the De La Salle North Community

Dear Parents, Wrestlers & Knights Wrestlers Supporters,

My name is John D. Taylor (J.D.) I am honored to be your Head Wrestling Coach here at De La Salle North Catholic High School.

I have been wrestling since the age of five at the world class program, USA Oregon “Cobras” under the coaching of Marc Sprague Sr. and my father William A. Taylor Sr. I have coached for a total of twelve years. First at St. Charles West High School in, St. Charles, Missouri, where as an Assistant Head Coach we won three State Championships. I’ve also coached at Madison, Grant and Benson High Schools where we became city champs.

I look forward to sharing some great and intense moments with you.

Thank you,
Coach Taylor



Regence Boys and Girls Club Teen Program

The Regence BGC Teen Program offers opportunities for teens to get involved in their community, explore & expand their knowledge in different areas, prepare for the future, engage with other teens and have fun doing it! **AND IT'S FREE TO JOIN!**

What we offer:

- Designated Teen Center
- Homework help
- Free Meal DAILY (3:30-4:30 on regular school days)
- Music studio equipment and the use of our guitars, drum set, piano and organ
- Weight Room with updated equipment
- Computers with internet access
- Volunteer opportunities and avenues to gain service awards
- College prep and various scholarship opportunities
- Field trips and college tours
- X-box Kinect, Wii, big screen TV and plenty of movies to watch
- Teen Night every Friday where the whole club belongs to YOU!

Where to find us: we are located right in New Columbia. 4430 N Trenton

How to contact: Call Ms. Joanna (503) 853-8678 or email regenceteen@bgcportland.org.

If you need additional apparel to adhere to the school dress code, this may be the time to purchase.

Contact Ms. Kris Evens, President's Assistant kevens@dlsnc.org between Nov 10 –15 for promo access code.

Call for student art!

Peace Poster:

Turn from Violence

- Turning of violence in language and entertainment
- Inspiration from Heroes of Nonviolence
- No more bullying
- Solving problems nonviolently
- Making peace where we are
- Or you concerns about violence



Size 28" x 14"

Deadline to submit to Brother Martin Vu, Visual Arts Instructor is 11/14.



Yearbook Cover :

**This Year's theme is:
Where's our Knight
Pride**

Think of Where's Waldo and play with it.

Submit your cover artwork to editors Christine Trinh or Abe Fikadu or art director Cydnie Smith-McCarthy. You may also leave with Ms. Knight, yearbook advisor.

Congratulations to Ms. Nicola!

She was selected as October's **Green Teacher of the Month**. The Earth Club selected Ms. Nicola for reusing paper and encouraging all students to recycle. Thanks Ms. Nicola for all you do!



Save the Date!

Lands' End Family
& Friends Event

25% Off + Free Shipping

November 10 thru November 15
Watch for details.

So, what is Community 101??

Armed with inspiration and \$5,000 in grants, Ms. Polly Waibel created this new class for service learning. After surveying the De La Salle North community, the class decided the issues to focus on this school year will be Homelessness and Child Abuse.

Combining active service learning and fundraising, the initiatives this semester are the Clothing Drive which

will benefit **New Avenues for Youth** organization and **Winter Gifts for the Homeless** with solicitations to area merchants for survival bags with toiletries, winter gloves, scarves, hats and other necessities.

Joining Ms. Waibel in these projects are the following students: Arianna Cruz-Sellu, Gabe Evans, Lorena Hernandez, Eldon Jones, Deahna Jones, Nikki Lal, Olivia Martin, Malik McCall, Naomi Metzler, Ian Morgan, Trami Nguyen, Drew Ninen, Florence Nzaniye, Zak Paul, Jake Perry and Francis Stretch.

CORPORATE INTERNSHIP PROGRAM

The CIP office is proud to announce the Student Employees of the Month, honoring the top student per class based on the responses from sponsor supervisors. - Michelle Chan, Lasallian Volunteer, CIP Coordinator



FRESHMAN:
Tymone Bentley
Regence Blue Cross
Blue Shield

Tymone’s job loves him. He completes any task that is given to him, and goes above and beyond to make sure that it’s satisfactory. Around school he is always willing to help and goes the extra mile to make sure that his friends are happy. I have even witnessed him taking the coat off of his own back to give it to a student. He has a pleasure to have at the school



SOPHOMORE:
Quincy Sarpong
Goodwill

Quincy does an amazing job at Goodwill. He has received outstanding reviews from his supervisor and they all very impressed with him. He is very helpful in keeping up with phone calls and stocking shelves.

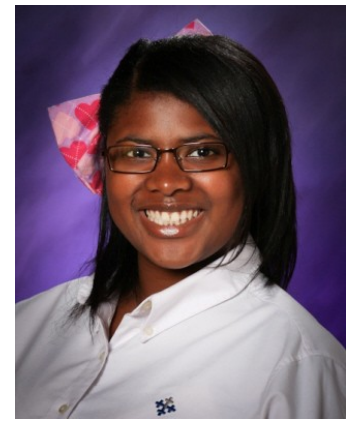
They are very happy to have Quincy on the Goodwill team.



JUNIOR:
Melaku Arega
OHSU

His supervisor says, “He is quite professional, for someone his age. He is very polite. His dress is perfection. His attitude is gracious and warm. He does not need his hand held. He stays on task and does things correctly. He’s just a great guy and I suspect he will succeed in life.

Around school he is a pleasure to have in class and has done well in his academics.



SENIOR:
Tori Ward
Providence Interstate
Center

Tori is a very hard and efficient worker. She goes beyond the requirements of her job position. Tori displays a great attitude and comes ready to work every week. She is responsible and is valued at her job.

She has a willingness to learn. She’s worked at her job for a few years now and continues to perform exceptionally well. Keep up the great work!!



De La Salle North Catholic
High School



Oregon Mission of Mercy

The **Oregon Dental Association** will host their second annual Mission of Mercy event on Monday & Tuesday, November 21 and 22, 2011.

Mission of Mercy is a dental clinic with portable dental stations set up in a large public arena. Dental screenings and services are provided on a **first-come, first-served basis, at no charge to those who attend**. MOM combines the donated services of hundreds of dentists, dental hygienists, dental assistants, dental lab technicians and an array of volunteers to provide these free dental services.

Where: Oregon Convention Center

Time: Doors open @ 6 AM

Services: cleaning, x-rays, fillings, extractions, and partial dentures



**Think to the
Future**
Educational
Initiative

Black United Fund of Oregon College Fair Saturday, December 3, 2011

Admission is free, and all high school, middle school, college, non-traditional prospective students and parents are welcome to attend.

8:30am – 5:30pm (Registration begins at 7:45am)

**Location: Portland State University, Smith Ballroom 3rd Floor,
1825 Southwest Broadway**

For more info> bufor.org