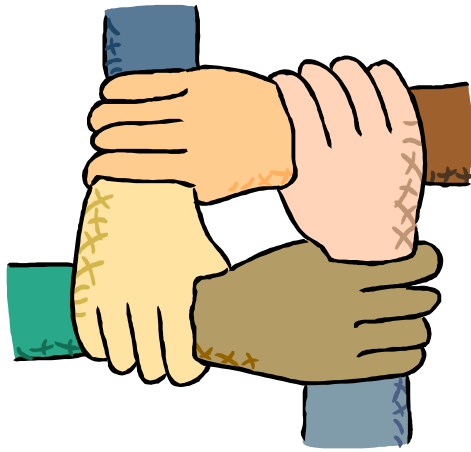


Peer Helper Program



The De La Salle Peer Helper program is based on the rationale that teenagers, like their adult counterparts, talk most often with their friends when they are troubled. Peer relationships are quite powerful, and young people have strong influences on each other. Programs such as Peer Helpers can positively affect these relationships. It is critical that adolescents gain skills and understanding needed to be effective peer helpers.

Traditional peer helper programs teach students to be pro-active helpers by providing them training in: communication skills, identifying limits, understanding adolescent issues, recognizing warning signs, and making referrals. They become empowered through a sense of connectedness and by learning helping skills. By incorporating adaptive interpersonal skills into their life and gaining a clearer and improved sense of self through ongoing training, peer helpers affect positive change in their school.

De La Salle North Catholic High School goes beyond the typical peer helper concept by fostering within each peer helper the call to love our neighbor and love ourselves as Christ does. Peer Helpers draw on that strength to assist us, sustain us, and nourish us.

Peer Helpers have been chosen for the 2009-2010 school year. **For a list of this year's peer helpers, see below.** If you are interested in being a peer helper next year, please speak with Ms. Wood, Ms. Gill, or Ms. Bulson.

For a list of **Peer Helper Meeting dates**, see below.



Peer Helpers for the 2009-2010 School Year

Seniors (Class of 2010):

Robert Auger
Zoe Farrell
Marchae Fesser
Deanna Hartley
Haregu Kidane
Adam Millner

Caitlyn Percell
Darnell Peterson
Mickeala Rogers
Emily Trapnell
Jesus Urena-Hernandez
Chelsea Walsh

Juniors (Class of 2011):

Hinsene Ali
Kalauna Carter
Stephanie Castillo
Brittany Coleman
Anthony Do
Brenton Douglas

Will Garofalo
Dyvisha Gordon
JP Henry
Michael Nguyen
Tori Thomas
Martin Vu

Sophomores (Class of 2012):

Rachel Char
Chelsea Filippini
Zach Green
Lorena Hernandez

Andrew Ninen
Bethany Purkapile
Cydnie McCarthy-Smith
Hannah Wadley

Peer Helper Staff:

Katie Bulson, x143

Megan Gill, x 261

Pam Wood, x103

Peer Helper Meeting Dates:

- Saturday, September 26th, 12-5pm (training 12-4pm, meeting 4-5pm)
- Friday, October 9th, 3-4:30pm (no school in session)
- Friday, November 13th, 3:30-5pm (soccer players can leave a few minutes early)
- Monday, November 23rd, 2:15-3:45pm
- Friday, January 8th, 3:30-5pm
- Friday, February 5th, 3:30-5pm
- Friday, March 5th, 3:30-5pm
- Friday, April 9th, 3:30-5pm
- Friday, May 7th, 3:30-5pm
- June: TBA---year end celebration!!!