

Pre-Season Wrestling

Sept. 29th Nov. 1

Approximately 6 weeks of basic skills & drills that can take you to the next level.

Head Coach J.D. Taylor
(503) 880-1810



Jump Start®



Coach Sprague
(503) 956-7022

Jump Start your wrestling career today @

De La Salle North High School

has been invited to join the Cleveland wrestling team for this 6 week pre-season training program. Practices are every Thursday 4:30 - 5:30 pm with a complimentary 3 hour training session to be held following the first hour from 5:30-8:30.

Where: Cleveland High School on the corner of 26th and Powell bring a friend, running shoes, and a positive attitude for learning.

Cleveland High head wrestling coach Jeff Zerba, and national wrestling hall of fame coach Marc Sprague, with over 40 years of in room, hands on coaching experience, have teamed up with Coach JD Taylor of De La Salle North High School to **Jump Start** your wrestling dreams and give you the boost necessary to take you to the next level.

Enroll now
6 weeks
only \$35
Join

Jump Start®
Wrestling



It's fun
It's motivating

**Boys and Girls
All Ages All Levels**

cobrawrestlingsystems.com